1) Remove Front Lower Control Arm from vehicle.

2) Remove the rubber bushing located at the front of the control arm. This is best accomplished by trimming the rubber on each side of the bushing and then pressing out the bushing with an arbor press in the direction indicated in drawing (see Diagram "A"). Be careful not to damage the control arm while pressing. Remove any burrs or weld slag left by the factory on the inside diameter of the control arm.

3) Remove the rubber bushing located at the rear of the control arm. This can be accomplished by burning out the rubber. The use of an acetylene or propane torch for this procedure works very well. CAUTION: this should be done by a qualified specialist as it is extremely dangerous. (Note: do not remove inner steel sleeve. It is press fit on the control arm stud and should remain on the arm). Once the rubber is completely removed, clean the outer metal bracket and inner steel sleeve. All debris and residue must be removed before the installation of the new bushing.

4) Now is a good time to repaint any areas of the control arm that were damaged during the disassembly process to help prevent rust.

5) Install new Prothane control arm bushings in front location. Using Super Grease provided in kit, grease inside diameter of hole in arm and outside diameter of bushings #64261. Press bushings into arm by hand. Now grease inside diameter of Prothane bushings and outside diameter of new sleeve 7/8 x 2.550" and press sleeve into bushings.

6) Install new Prothane control arm bushing in rear location. Lightly grease leading edge of bushing #64262 and press into bracket. The bushing should be pressed into bracket from the side with the radiused edge so that the corresponding radius on the bushing and the bracket meet (see Diagram "B"). Now grease the sleeve that is pressed onto the control arm and the inside of the bushing and press the bushing/bracket onto the stud/sleeve of the arm.

7) Reinstall control arms on vehicle per service manual. Have wheel alignment performed immediately to prevent premature/incorrect tire wear.