1) Begin the bushing replacement process by removing the entire sway bar assembly from the vehicle. This can be done by removing the bolts that attach the bushing brackets to the shock mount at both ends of the sway bar and the thru-bolts at the top of both center links.
2) Remove both the sway bar bushings and the center links from the bar by liberally spraying the bar with a penetrating lubricant and sliding them off the end of the bar. Use plenty of lubricant!!
3) Remove the bushings from the center link by trimming the outer lip of the bushings with a utility knife and pressing the bushings out the opposite side.
4) Next, using the grease supplied, grease and install bushings 63067, 63068 and sleeve 60854 into the center link as shown in the diagram below.
5) Install the center links back onto the sway bar. To do this grease the inside of bushings 63068, spray liberal amounts of lubricant onto the bar, and slide the links all the way into position.
6) Grease the inside of sway bar bushings 62383 and install onto the bar ends in the original location. Bushings are sliced open on one side to ease installation.
7) Reinstall sway bar assembly back onto vehicle using the original hardware. Torque all fasteners to factory specifications.